

2003 April

Gaeta Fleet & Family Support Center Monthly Events



Website: www.nsa.naples.navy.mil/gaetaffsc

monday	tuesday	wednesday	thursday	friday
1 CONSEP	2 CONSEP Windshield Tour	3 CONSEP Talk Italian	4 CONSEP	5 Sponsorship Training Talk Italian
8 Talk Italian	9 Windshield Tour Transition Assistance Program Stress Management	10 Desktop Publishing I Transition Assistance Program	11 Transition Assistance Program	12 Transition Assistance Program
15 Talk Italian	16	17 Desktop Publishing II Area Orientation/ICR	18 Intercultural Relations Trip to Rome/ICR Parenting: Raising a Responsible Child	19 Intercultural Relations Split Mountain Tour
22 Checking Account Management Car Buying Strategies	23 Windshield Tour Employment Opportunities in Gaeta Talk Italian	24 Smooth Move Free Internet at Home	25 Parenting: Raising a Responsible Child	26 Talk Italian
29 Talk Italian	30 Windshield Tour Employment Opportunities in Gaeta Italian Cooking Class			



2,3,4,5 CONSEP (Career Options and Navy Skills Evaluation Program) (0800-1700) This is a four-day class for Sailors at their 6-12 year mark, two years prior to their EAOS. The class will primarily focus on career development both in the Navy and outside the Navy.



2, 9, 23, 30 Windshield Tour (1330-1530) Great overview of the sites in Gaeta and Formia. Please call to reserve a space available after 9:00a.m.



3,5,8,15,23,26,29 Talk Italian (1700-1830) Learn how to speak Italian with our ICR Specialist, Marisa DiNitto. This class is ONLY for beginners. Seats are limited.



5 Sponsorship Training (1000-1100) This training is for volunteers and assigned sponsors. You will learn how to make your job as a sponsor easier and most important, make the newcomer's relocation a lot smoother.



9 Stress Management (1600-1800) Learn how your nutrition and sleeping habits affect your stress level.



9,10,11,12 Pre-Separation TAP (0800-1700) Assist separating military members in developing job-search skills. Computer classroom is reserved for this week.



10 Desktop Publishing I (0900-1500) Learn about Microsoft Words and techniques used to produce flyers and brochures.



17 Area Orientation/ ICR (0830-1600) Learn everything you need to know about setting up your home on the economy and an introduction to ICR (Intercultural Relations).



17 Desktop Publishing II (0900-1500) Learn to prepare newsletters and other documents.



18 ICR Rome (0800-1700) This transportation oriented field trip is open to all those who have attended and ICR classroom session.



18, 25, (May 2) Parenting; Raising a Responsible Child (1000-1130) Learn the techniques to help raise children to be happy and responsible adults. Keep peace and harmony in the home while raising responsible children.



19 ICR (Intercultural Relations) (0830-1600) This classroom session covers Italian language, history, culture, customs, and shopping.



19 Split Mountain (1430-1600) Learn about one of Gaeta's most magnificent landmarks. Meet outside the post office.



22 Checking Account Management (1300) Learn how to handle your checkbook more effectively. This program covers all the basics, including choosing a bank and credit union, fees and charges, tracking ATM transactions and the military ramifications of checkbook mismanagement.



22 Car Buying Strategies (1400) If you are planning on buying a car when you return to the states this summer, mark this date on your calendar and plan on attending this class. Preparation for buying a car begins with a lot of research and budgeting. Also, learn how to negotiate for a good deal, learn salesman "tactics", unnecessary dealer options, etc.



23, 30 Employment Opportunities in Gaeta (0900-1100) This class covers all local employment and volunteer opportunities.



24 Smooth Move (0900-1200) Learn about your moving allowances, household goods, utility closeouts, customs, and more.



24 Free Internet at Home (0900-1300) Learn how to sign up for one of many Internet services in Italy. You must bring your Passport number and a Codice Fiscale. (Italian Social Security Number).



30 Cooking class with Antonio Sander (1030-1230) - La Tavernetta Tipica Ristorante/Pizzeria (almost next door to the Rock Garden Pensione) has graciously accepted, once again, to provide Italian Cooking Classes. Antonio will show us how to make Italian bread, pizza with tomato sauce and mozzarella, plus a delicious "Tiella" (typical vegetable pie). Fee of 7 Euro must be paid upon registration.

To sign up for classes call 0771-709818 or come to visit us!!

